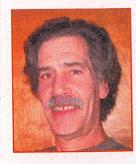
## Receive Unconditional Love Through Gem Essences



by Barry David

Many wise people are looking for transformation rather than for more information. We are living in a Transformation Age, in which people want to find a trusted authority who offers them simplicity and results. In today's world of too much information, people are looking for shortcuts to get the transformation they desire.

Living in Mount Shasta for over twenty years, drinking water from the sacred headwaters there and experiencing the new age and not-so-new age protocols for enlightenment, has made me quite aware of and open to the amazing blessings that are present all around us. I have, like so many others, been fascinated by rocks, minerals and nature since my childhood and I now have an amazing crystal collection. The crystals with rainbows are the most colorful and fun to look at. My wonder and fascination with color and frequency has led me to develop the Mount Shasta Gem Essences, which can help assist in improving your physical well-being, material wealth and happiness.

After studying many spiritual teachings I feel that bringing in the white light through the pineal and into the heart is of utmost importance. You can bring your thoughts from the head into the heart then spread the love from the heart to the rest of humanity. White light is the source of the rainbow spectrum. "The Language of Light is Love and Love is the Language of Light." We are living in a sacred chamber of light encircling ourselves and the planet. The sub-atomic particles in the body can be activated by bringing in the light, thus causing the DNA to spin faster, unravel its crystalline structure and absorb more light.

Gem essences capture the vibrational frequencies of crystals or gems and are encoded with wisdom achieved from the planet's beginning. They are made in a similar manner to flower essences. A beautiful gem is placed in a crystal singing bowl of water and then in the sun for several hours, thus transferring the vibrational pattern of the gem to the water.

Mount Shasta Gem Essences are unique in that they are made during meditation at a sacred place on Mount Shasta, during powerful planetary activations and alignments, with pure spring water from the pristine headwaters and with love, blessings, gratitude and the highest intentions for the good for all.

We now have the ability to merge our past, present and future higher selves of light, which will allow us to operate in this higher vibration. The frequency of color feeds the physical, emotional and mental aspects of the body. Harmonics are the

key. Harmonics are one of the highest vibrational energies in the environment, both within our bodies and outside our bodies. Mount Shasta Gem Essences helps to assist the body in raising and maintaining these harmonics.

The essences are physically taken as drops under the tongue. The essence is immediately absorbed into the tissues of the mouth, which is in turn absorbed by the etheric body. The etheric body is an energy field that underlies every cell and atom of the physical body, permeating and interpenetrating every part of it. It extends out beyond the body, connecting the physical with the emotional, mental and spiritual bodies.

The etheric body receives, assimilates and transmits energy into the chakras, which are distributing agencies providing dynamic force and energy to man. So the incoming energies of the essence enter the chakras through the etheric body. The

chakras correspond to the endocrine glands and through to the central nervous system. This energy is then transmitted automatically to secondary energies, which are called nadis. These energies flow along the spinal column, connecting the central nervous system and brain. The endocrine system and central nervous system keep the physical body in balance and harmony.

So the energy of the essence flows through the cells and via the etheric, enters the chakras and nadis to

balance the physical body, also flowing outwards into the emotional, mental and spiritual bodies to bring in balance on these levels as well. So the chakras are very important as they integrate the energies of all the bodies and need to be kept balanced and the energy flowing so that we may function to our full potential. By taking the essences they work through the etheric, chakras and other bodies to increase the life force energy. This creates a more positive outlook, balance, harmony and greater expression of our true potential.

One key to the ascension process is the willingness to look at deeply buried emotions or thoughts and allow them to surface and be transmuted. By removing these deeply buried thoughts and feelings there is no need for them to turn into disease, drama, financial distress or emotional imbalance. This is the reason for using vibrational healing which, as a great preventive medicine, diminishes the need to create illness in order to receive self-awareness. Utilizing ancient systems of healing through crystals and gem essences, we can call upon

and accept the gifts that love and nature provides. Gem essences work on the mental body and then through the emotional and have a powerful effect on the physical.

Mount Shasta Gem Essences are here to assist with raising our frequencies, opening our hearts and maintaining compassion thus becoming more loving to ourselves and creating our personal "Heaven on Earth." They develop all aspects of your energetic vibration and connect them together so there's wholeness and coherence. That coherent vibration then attracts experiences in line with life's desires. All of those things in life are drawn to you, and you express and create them through your energy and the actions you are guided to take.

"I am a yoga instructor and feel really alive and energetic after a yoga session. I was instructed to place a couple of drops of the Mount Shasta Gem Essences on my wrist, rub them together

and then put a couple of drops in my mouth. I had no idea what to expect. I was happily surprised because shortly after taking them I blurted out to my friend, "Wow, this is great! This feels like "yoga in a bottle!" I can't wait to share these with my students." ~ Kim F. – New Jersey

"I have been using the Mount Shasta Gem Essences for three months now and have felt immediate benefits in my life – like a clearing or getting energy work and even beyond. It creates for me a shift, a lightness. I



The first dozen essences.

have been amazed how powerful they are! I tell everyone to check them out. They are amazing." ~ Page L. - Oregon

I am very blessed and have much gratitude to have had these beautiful gem essences come into my life. I invite you to try these essences and bring more unconditional love and light into your daily experiences, creating your personal "Heaven on Earth." Have fun and enjoy the journey!

Barry has taken Quantum Healing Technique, Levels 1, 2 and 3 with Dell Morris, "The Cowboy Healer." He has also taken Level 1 and 2 from Susan Isabelle at The Shambhala Ministries and is currently a Shambhala Practitioner. The Mount Shasta Gem Essences were inspired by his close connection to Mount Shasta's spiritual energy vortex and his passion for the healing energy of crystals.

See his ad on page 8.

... to educate, entertain & enlighten those exploring the Mount Shasta area.

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